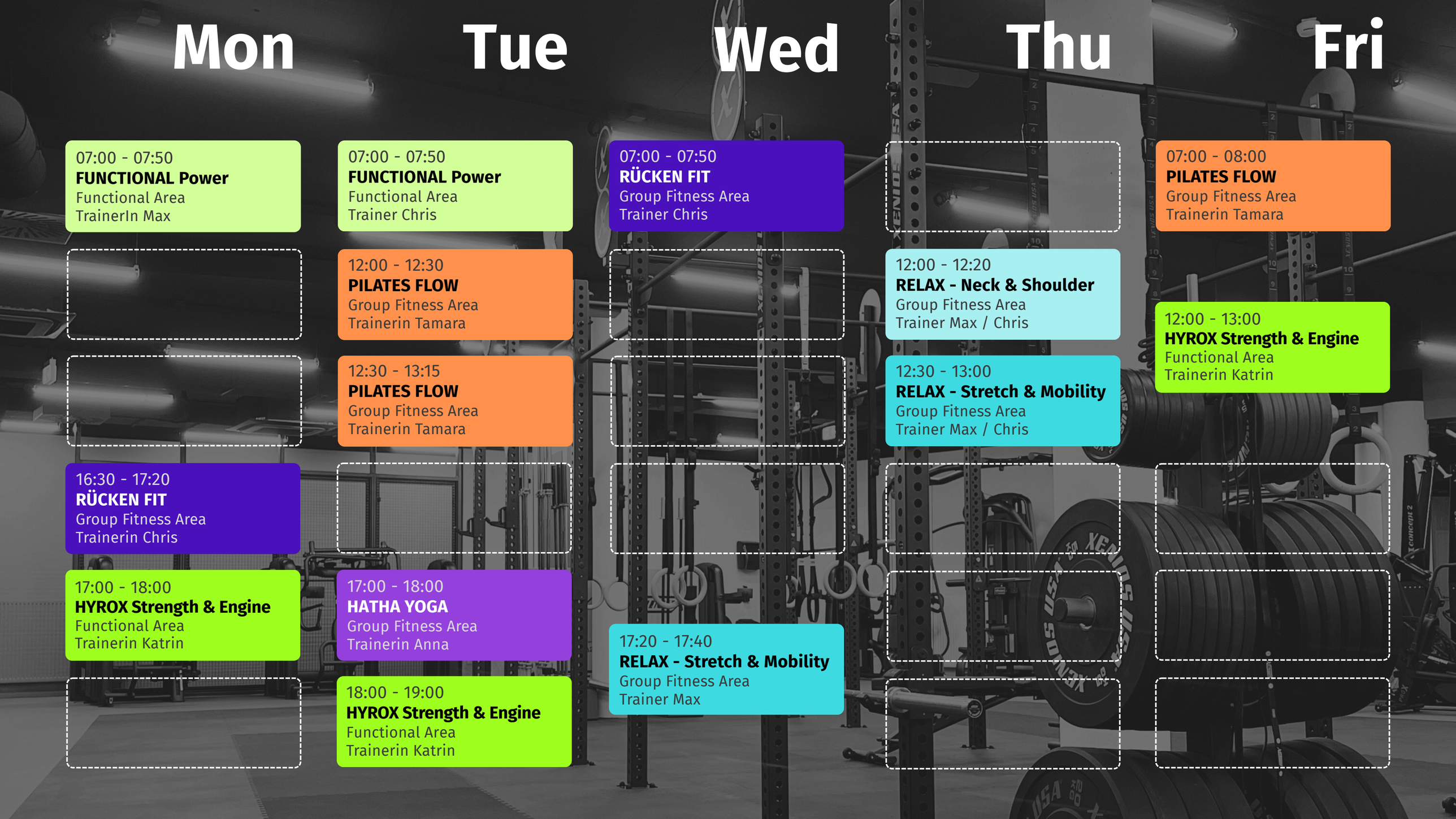


Mon	Tue	Wed	Thu	Fri
07:00 - 07:50 **FUNCTIONAL Power** Functional Area TrainerIn Max	07:00 - 07:50 **FUNCTIONAL Power** Functional Area Trainer Chris	07:00 - 07:50 **RÜCKEN FIT** Group Fitness Area Trainer Chris		07:00 - 08:00 **PILATES FLOW** Group Fitness Area Trainerin Tamara
	12:00 - 12:30 **PILATES FLOW** Group Fitness Area Trainerin Tamara		12:00 - 12:20 **RELAX - Neck & Shoulder** Group Fitness Area Trainer Max / Chris	12:00 - 13:00 **HYROX Strength & Engine** Functional Area Trainerin Katrin
	12:30 - 13:15 **PILATES FLOW** Group Fitness Area Trainerin Tamara		12:30 - 13:00 **RELAX - Stretch & Mobility** Group Fitness Area Trainer Max / Chris	
16:30 - 17:20 **RÜCKEN FIT** Group Fitness Area Trainerin Chris				
17:00 - 18:00 **HYROX Strength & Engine** Functional Area Trainerin Katrin	17:00 - 18:00 **HATHA YOGA** Group Fitness Area Trainerin Anna	17:20 - 17:40 **RELAX - Stretch & Mobility** Group Fitness Area Trainer Max		
	18:00 - 19:00 **HYROX Strength & Engine** Functional Area Trainerin Katrin			